

Dear 6th Grade Parents and/or Guardians,

As we begin the new school year, we feel it is necessary to inform parents and/or guardians of the policies in Physical Education at Lineville Intermediate School. We strongly believe adolescents need to be active and participate in regular physical activity in order to live a healthy lifestyle. With this in mind, students will be graded on the following areas:

Expectations

“Student participates effectively in respect to rights and responsibilities.”

- Prepared for class
 - It is the student's responsibility to **always** bring PE clothes **to** and **from** every class.
 - Light colored t-shirt (with name printed on the front)
 - Athletic shorts (no cargo shorts). Shorts must be fingertip length.
 - Socks and athletic shoes are required.
 - Students keep their PE uniform in their school locker between classes. The lockers in the PE locker room are only to be used during PE.
SUGGESTION - keep PE clothes in an athletic or plastic bag in your school locker to carry to and from class.
 - PE teachers will supply a proper uniform if a student's is missing, although it may affect the “Expectation” grade for that unit.
- On time
- Take responsibility for and make up missing work.

Written Quizzes

“Student uses concepts and principles in the development of physical/motor skills.”

- Each unit includes a written pre-quiz and post-quiz focusing on the basic knowledge of that particular unit.
- Study Guides for quizzes can be found both on Schoology and at the LV Physical Education/Health website.

Skill Assessments

“Student demonstrates sport-specific skills for a variety of activities.”

- Each unit includes an assessment of the ability to perform a basic skill of that particular unit.
- Rubrics for skill assessments can be found on both Schoology and LV Physical Education/Health website.

Doctor Excuses vs. Parent Excuses

Doctor excuses are required when a student misses two consecutive Physical Education classes due to injury or illness. A written excuse from a parent and/guardian may be good for ONE class period only. It often times depends on the activity. General rule of thumb..... If a student is well enough to be in school, they are well enough to be in Physical Education.

Swim Unit

All students are required to take part in the swim unit at Lineville. Girls are required to wear a one-piece swimsuit or tankini (meaning a suit that is not overly bearing the mid-section) and have their hair tied back. Boys are required to wear swim trunks that are at least finger-tip length. Swim shirts are acceptable, t-shirts are not. Towels are covered in your school fees.

6th Grade Health Education

6th grader Health Education is a 10 day unit, covering a number of important issues. Units include:

1. Alcohol
2. Drugs
3. Tobacco
4. Advertising to Youth
5. Nutrition

Students will be grading on the following:

1. Class participation
2. Assignments
3. Test and/or quiz scores

Website

Please be sure to check out the Lineville Physical Education and Health webpage on a regular basis for updates, important information, study guides, and rubrics. Just click on the **Physical Education** link on the Lineville Intermediate School website.

Twitter

Parents, be sure to follow **@linevillepe** on twitter, as well. It is a great way to stay up to the minute on the happens in PE.

Lineville Physical Education/Health Department

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